# NITSCHES METHOD FOR GENERAL BOUNDARY CONDITIONS 

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#### Abstract

We introduce a method for treating general boundary conditions in the finite element method generalizing an approach, due to Nitsche (1971), for approximating Dirichlet boundary conditions. We use Poisson's equations as a model problem and prove a priori and a posteriori error estimates. The method is also compared with the traditional Galerkin method. The theoretical results are verified numerically.


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## 1 Introduction

In his classical paper [5] Nitsche discusses techniques for incorporating Dirichlet boundary conditions in the finite element approximation of the model Poisson problem: find $u$ such that

$$
\begin{align*}
-\Delta u & =f \quad \text { in } \Omega,  \tag{1.1}\\
u & =u_{0} \quad \text { on } \Gamma=\partial \Omega . \tag{1.2}
\end{align*}
$$

Before introducing his technique he discusses the penalty method, i.e. the Ritz approximation to the "perturped" problem in which the Dirichlet boundary condition (1.2) is replaced by the condition

$$
\begin{equation*}
\frac{\partial u}{\partial n}=\frac{1}{\epsilon}\left(u_{0}-u\right) \quad \text { on } \Gamma, \tag{1.3}
\end{equation*}
$$

where $\epsilon>0$ is a small parameter. He points out the drawbacks of this approach, i.e. nonconformity, which requires a coupling of the penalty parameter to the mesh size, and the possible ill-conditioning of the discrete system when the penalty parameter is too small (see [1] for a recent survey on this).

If we instead of the Dirichlet problem consider the problem with the boundary condition (1.3), then the solution to the continuous problem converges to the solution of the Dirichlet problem when $\epsilon \rightarrow 0$. For the finite element discretization the discrete problem gets more ill-conditioned when $\epsilon$ approaches zero. In the limit $\epsilon=0$, we have to switch to some other way of imposing the Dirichlet condition, like the conventional approach or Nitsches technique. The following question arises quite naturally: can we extend the Nitsche method so that it can be used for the whole range of boundary conditions $\epsilon \geq 0$ ? The purpose of this paper is to give a positive answer to this question. We will consider general boundary conditions and extend Nitsches method to cover the the whole class of problems.

The outline of the paper is as follows. In the next section we derive the method and show that it is consistent. In Section 3 we prove the the ellipticity and derive the a priori error estimates. Section 4 is devoted to the a posteriori error estimates. For the a posteriori estimate we show that it gives both an upper bound and a lower bound to the error. In Section 5 we give a summary of the error analysis of the traditional finite element method. Finally, in Section 6, we show numerical applications of the proposed method and the error estimates and compare them to those obtained with the traditional method.

## 2 The method and its consistency

We consider the following problem

$$
\begin{align*}
-\Delta u & =f \quad \text { in } \Omega,  \tag{2.1}\\
\frac{\partial u}{\partial n} & =\frac{1}{\epsilon}\left(u_{0}-u\right)+g \quad \text { on } \Gamma, \tag{2.2}
\end{align*}
$$

where $\Omega$ is a bounded domain with polygonal boundary, $f \in L^{2}(\Omega), u_{0} \in$ $H^{1 / 2}(\Gamma), g \in L^{2}(\Gamma)$ and $\epsilon \in \mathbb{R}, 0 \leq \epsilon \leq \infty$. The limiting values of the parameter $\epsilon$ gives the pure Dirichlet and Neumann problems, respectively, i.e.

$$
\begin{equation*}
\epsilon \rightarrow 0 \Rightarrow u=u_{0} \quad \text { on } \Gamma, \quad \epsilon \rightarrow \infty \Rightarrow \frac{\partial u}{\partial n}=g \quad \text { on } \Gamma . \tag{2.3}
\end{equation*}
$$

For simplicity we consider a shape regular finite element partitioning $\mathcal{T}_{h}$ of the domain $\Omega \subset \mathbb{R}^{N}, N=2,3$, into simplices, i.e. triangles or tetrahedra. This partitioning induces a mesh, denoted by $\mathcal{G}_{h}$, on the boundary $\Gamma$. By $K \in \mathcal{T}_{h}$ we denote an element of the mesh and by $E$ we denote one edge or face in $\mathcal{G}_{h}$. By $h_{K}$ we denote the diameter of the element $K \in \mathcal{T}_{h}$ and by $h_{E}$ we denote the diameter of $E \in \mathcal{G}_{h}$. We also define

$$
h:=\max \left\{h_{K}: K \in \mathcal{T}_{h}\right\}
$$

and

$$
V_{h}:=\left\{v \in H^{1}(\Omega): v_{\mid K} \in \mathcal{P}_{p}(K) \quad \forall K \in \mathcal{T}_{h}\right\}
$$

where $\mathcal{P}_{p}(K)$ is the space of polynomials of degree $p$. The method is now defined as follows. Here $\gamma$ is a positive parameter that has to be bounded from above, see Theorem 3.2 below.
The Nitsche method. Find $u_{h} \in V_{h}$ such that

$$
\begin{equation*}
\mathcal{B}_{h}\left(u_{h}, v\right)=\mathcal{F}_{h}(v) \quad \forall v \in V_{h} \tag{2.4}
\end{equation*}
$$

where

$$
\begin{align*}
\mathcal{B}_{h}(u, v)=(\nabla u, \nabla v)_{\Omega}+ & \sum_{E \in \mathcal{G}_{h}}\left\{-\frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left[\left\langle\frac{\partial u}{\partial n}, v\right\rangle_{E}+\left\langle u, \frac{\partial v}{\partial n}\right\rangle_{E}\right]\right. \\
& \left.+\frac{1}{\epsilon+\gamma h_{E}}\langle u, v\rangle_{E}-\frac{\epsilon \gamma h_{E}}{\epsilon+\gamma h_{E}}\left\langle\frac{\partial u}{\partial n}, \frac{\partial v}{\partial n}\right\rangle_{E}\right\} \tag{2.5}
\end{align*}
$$

and

$$
\begin{align*}
\mathcal{F}_{h}(v)=(f, v)_{\Omega}+\sum_{E \in \mathcal{G}_{h}}\{ & \frac{1}{\epsilon+\gamma h_{E}}\left\langle u_{0}, v\right\rangle_{E}-\frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left\langle u_{0}, \frac{\partial v}{\partial n}\right\rangle_{E} \\
& \left.+\frac{\epsilon}{\epsilon+\gamma h_{E}}\langle g, v\rangle_{E}-\frac{\epsilon \gamma h_{E}}{\epsilon+\gamma h_{E}}\left\langle g, \frac{\partial v}{\partial n}\right\rangle_{E}\right\} \tag{2.6}
\end{align*}
$$

Next we prove the consistency of the proposed method.
Lemma 2.1. The solution $u$ of the equations (2.1)-(2.2) satisfies

$$
\begin{equation*}
\mathcal{B}_{h}(u, v)=\mathcal{F}_{h}(v) \quad \forall v \in H^{1}(\Omega) . \tag{2.7}
\end{equation*}
$$

Proof. Multiplying the differential equation (2.1) with $v \in H^{1}(\Omega)$, integrating over the domain $\Omega$, and using Green's formula leads to

$$
\begin{equation*}
(\nabla u, \nabla v)_{\Omega}-\left\langle\frac{\partial u}{\partial n}, v\right\rangle_{\Gamma}=(f, v)_{\Omega} . \tag{2.8}
\end{equation*}
$$

Next, multiplying the boundary condition (2.2) by $v$, integrating over an element $E$, we have

$$
\begin{equation*}
\epsilon\left\langle\frac{\partial u}{\partial n}, v\right\rangle_{E}+\langle u, v\rangle_{E}=\left\langle u_{0}, v\right\rangle_{E}+\epsilon\langle g, v\rangle_{E} . \tag{2.9}
\end{equation*}
$$

This gives

$$
\begin{equation*}
\sum_{E \in \mathcal{G}_{h}} \frac{1}{\epsilon+\gamma h_{E}}\left\{\epsilon\left\langle\frac{\partial u}{\partial n}, v\right\rangle_{E}+\langle u, v\rangle_{E}\right\}=\sum_{E \in \mathcal{G}_{h}} \frac{1}{\epsilon+\gamma h_{E}}\left\{\left\langle u_{0}, v\right\rangle_{E}+\epsilon\langle g, v\rangle_{E}\right\} . \tag{2.10}
\end{equation*}
$$

Similarly, we obtain

$$
\begin{align*}
\sum_{E \in \mathcal{G}_{h}} & -\frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left\{\epsilon\left\langle\frac{\partial u}{\partial n}, \frac{\partial v}{\partial n}\right\rangle_{E}+\left\langle u, \frac{\partial v}{\partial n}\right\rangle_{E}\right\} \\
& =\sum_{E \in \mathcal{G}_{h}}-\frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left\{\left\langle u_{0}, \frac{\partial v}{\partial n}\right\rangle_{E}+\epsilon\left\langle g, \frac{\partial v}{\partial n}\right\rangle_{E}\right\} . \tag{2.11}
\end{align*}
$$

The equation (2.7) is now the sum of equations (2.8), (2.10), and (2.11).
The method has two parameters, the stability parameter $\gamma$ and the problem dependent parameter $\epsilon$ in the boundary condition. By choosing $\gamma=0$ in (2.4) we get:
The traditional method. Find $u_{h} \in V_{h}$ such that

$$
\begin{equation*}
\left(\nabla u_{h}, \nabla v\right)_{\Omega}+\frac{1}{\epsilon}\left\langle u_{h}, v\right\rangle_{\Gamma}=(f, v)_{\Omega}+\frac{1}{\epsilon}\left\langle u_{0}, v\right\rangle_{\Gamma}+\langle g, v\rangle_{\Gamma} \quad \forall v \in V_{h} . \tag{2.12}
\end{equation*}
$$

This may become ill-conditioned when $\epsilon>0$ is small. We will return to this method in Section 5 below.

For the stabilized method with $\gamma>0$ we, in the limit $\epsilon=0$, obtain

$$
\begin{align*}
& \left(\nabla u_{h}, \nabla v\right)_{\Omega}-\left\langle\frac{\partial u_{h}}{\partial n}, v\right\rangle_{\Gamma}-\left\langle u_{h}, \frac{\partial v}{\partial n}\right\rangle_{\Gamma}+\sum_{E \in \mathcal{G}_{h}} \frac{1}{\gamma h_{E}}\left\langle u_{h}, v\right\rangle_{E} \\
& =(f, v)_{\Omega}-\left\langle u_{0}, \frac{\partial v}{\partial n}\right\rangle_{\Gamma}+\sum_{E \in \mathcal{G}_{h}} \frac{1}{\gamma h_{E}}\left\langle u_{0}, v\right\rangle_{E} \quad \forall v \in V_{h}, \tag{2.13}
\end{align*}
$$

which is Nitsches method [6] applied to the Dirichlet problem

$$
\begin{aligned}
-\Delta u & =f \quad \text { in } \Omega, \\
u & =u_{0} \quad \text { on } \Gamma .
\end{aligned}
$$

When $\epsilon \rightarrow \infty$ the problem to be solved is the pure Neumann problem

$$
\begin{aligned}
-\Delta u & =f & & \text { in } \Omega \\
\frac{\partial u}{\partial n} & =g & & \text { on } \Gamma,
\end{aligned}
$$

which is approximated by

$$
\begin{align*}
& \left(\nabla u_{h}, \nabla v\right)_{\Omega}-\sum_{E \in \mathcal{G}_{h}} \gamma h_{E}\left\langle\frac{\partial u_{h}}{\partial n}, \frac{\partial v}{\partial n}\right\rangle_{E} \\
& =(f, v)_{\Omega}+\langle g, v\rangle_{\Gamma}-\sum_{E \in \mathcal{G}_{h}} \gamma h_{E}\left\langle g, \frac{\partial v}{\partial n}\right\rangle_{E} . \tag{2.14}
\end{align*}
$$

This is the variational form of the Neumann problem with the extra terms

$$
-\sum_{E \in \mathcal{G}_{h}} \gamma h_{E}\left\langle\frac{\partial u_{h}}{\partial n}, \frac{\partial v}{\partial n}\right\rangle_{E} \quad \text { and } \quad-\sum_{E \in \mathcal{G}_{h}} \gamma h_{E}\left\langle g, \frac{\partial v}{\partial n}\right\rangle_{E}
$$

which do not affect the consistency of the method. Note, that the Neumann problem requires the data to satisfy

$$
\begin{equation*}
(f, 1)_{\Omega}+\langle g, 1\rangle_{\Gamma}=0 \tag{2.15}
\end{equation*}
$$

and this condition is not violated in our formulation.

## 3 Stability and a priori error estimates

In the stability and error analysis we will use the following mesh-dependent norms

$$
\begin{equation*}
\|v\|_{h}^{2}:=\|\nabla v\|_{L^{2}(\Omega)}^{2}+\sum_{E \in \mathcal{G}_{h}} \frac{1}{\epsilon+h_{E}}\|v\|_{L^{2}(E)}^{2} \tag{3.1}
\end{equation*}
$$

and

$$
\begin{equation*}
\left\lvert\,\|v\|\left\|_{h}^{2}:=\right\| v\left\|_{h}^{2}+\sum_{E \in \mathcal{G}_{h}} h_{E}\right\| \frac{\partial v}{\partial n}\right. \|_{L^{2}(E)}^{2} \tag{3.2}
\end{equation*}
$$

In the subspace $V_{h}$ these two norms are equivalent. This follows from the well-known estimate below.

Lemma 3.1. There is a positive constant $C_{I}$ such that

$$
\begin{equation*}
\sum_{E \in \mathcal{G}_{h}} h_{E}\left\|\frac{\partial v}{\partial n}\right\|_{L^{2}(E)}^{2} \leq C_{I}\|\nabla v\|_{L^{2}(\Omega)}^{2} \quad \forall v \in V_{h} \tag{3.3}
\end{equation*}
$$

For the formulation we have the following stability result. Here and in what follows $C$ denotes a generic positive constant independent of both the mesh parameter $h$ and the parameter $\epsilon$.

Theorem 3.2. Suppose that $0<\gamma<1 / C_{I}$. Then there exists a positive constant $C$ such that

$$
\begin{equation*}
\mathcal{B}_{h}(v, v) \geq C\|v\|_{h}^{2} \quad \forall v \in V_{h} . \tag{3.4}
\end{equation*}
$$

Proof. First, the Schwarz inequality gives

$$
\begin{align*}
\mathcal{B}_{h}(v, v)= & (\nabla v, \nabla v)_{\Omega}+\sum_{E \in \mathcal{G}_{h}}\left\{-\frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left[\left\langle\frac{\partial v}{\partial n}, v\right\rangle_{E}+\left\langle v, \frac{\partial v}{\partial n}\right\rangle_{E}\right]\right. \\
& \left.+\frac{1}{\epsilon+\gamma h_{E}}\langle v, v\rangle_{E}-\frac{\epsilon \gamma h_{E}}{\epsilon+\gamma h_{E}}\left\langle\frac{\partial v}{\partial n}, \frac{\partial v}{\partial n}\right\rangle_{E}\right\}  \tag{3.5}\\
\geq & \|\nabla v\|_{L^{2}(\Omega)}^{2}+\sum_{E \in \mathcal{G}_{h}}\left\{-2 \frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left\|\frac{\partial v}{\partial n}\right\|_{L^{2}(E)}\|v\|_{L^{2}(E)}\right. \\
& \left.+\frac{1}{\epsilon+\gamma h_{E}}\|v\|_{L^{2}(E)}^{2}-\frac{\epsilon \gamma h_{E}}{\epsilon+\gamma h_{E}}\left\|\frac{\partial v}{\partial n}\right\|_{L^{2}(E)}^{2}\right\} .
\end{align*}
$$

Next, using Young's inequality, with $\delta>0$, we get

$$
\begin{equation*}
\mathcal{B}_{h}(v, v) \geq\left(1-\frac{1}{\delta} \frac{C_{I} \gamma^{2} h_{E}}{\epsilon+\gamma h_{E}}-\frac{C_{I} \epsilon \gamma}{\epsilon+\gamma h_{E}}\right)\|\nabla v\|_{L^{2}(\Omega)}^{2}+C \frac{1-\delta}{\epsilon+\gamma h_{E}}\|v\|_{L^{2}(\Gamma)}^{2} . \tag{3.6}
\end{equation*}
$$

The second term is positive if $1-\delta>0$ and the first term is positive if

$$
\begin{equation*}
1-\frac{1}{\delta} \frac{C_{I} \gamma^{2} h_{E}}{\epsilon+\gamma h_{E}}-\frac{C_{I} \epsilon \gamma}{\epsilon+\gamma h_{E}}=\epsilon\left(1-C_{I} \gamma\right)+\gamma h_{E}\left(1-\frac{C_{I} \gamma}{\delta}\right)>0 \tag{3.7}
\end{equation*}
$$

Hence, we choose $\delta$ such that both $0<\delta<1$ and $\gamma<\delta / C_{I}$ hold.
In the rest of the paper we will assume that the stability requirement is satisfied, i.e. we make the following assumption.

Assumption 3.3. The real parameter $\gamma$ satisfies $0<\gamma<C_{I}$.
For the a priori estimate we need the following well-known interpolation estimate.

Lemma 3.4. Suppose that $u \in H^{s}(\Omega)$, with $3 / 2<s \leq p+1$. Then it holds

$$
\begin{equation*}
\inf _{v \in V_{h}}\left|\|u-v \mid\|_{h} \leq C h^{s-1}\|u\|_{H^{s}(\Omega)}\right. \tag{3.8}
\end{equation*}
$$

We then have
Theorem 3.5. For $u \in H^{s}(\Omega)$, with $3 / 2<s \leq p+1$ it holds

$$
\begin{equation*}
\left\|u-u_{h}\right\|_{h} \leq C h^{s-1}\|u\|_{H^{s}(\Omega)} . \tag{3.9}
\end{equation*}
$$

Proof. From the consistency and coercivity, i.e. Lemmas 2.1 and 3.2, we get

$$
\begin{equation*}
\left\|u_{h}-v\right\|_{h}^{2} \leq C \mathcal{B}_{h}\left(u_{h}-v, u_{h}-v\right) \leq C \mathcal{B}_{h}\left(u-v, u_{h}-v\right) \quad \forall v \in V_{h} \tag{3.10}
\end{equation*}
$$

Using the continuity of the bilinear form and the two norms $\|\cdot\|_{h}$ and $\left|\|\cdot \mid\|_{h}\right.$ we have the bound

$$
\begin{equation*}
\mathcal{B}_{h}\left(u-v, u_{h}-v\right) \leq C\left|\|u-v \mid\|_{h}\left\|u_{h}-v\right\|_{h} \quad \forall v \in V_{h} .\right. \tag{3.11}
\end{equation*}
$$

Combining equations (3.10) and (3.11) we have

$$
\begin{equation*}
\left\|u_{h}-v\right\|_{h} \leq C\|\mid u-v\|_{h} \quad \forall v \in V_{h} \tag{3.12}
\end{equation*}
$$

and the assertion follows by triangle inequality and Lemma 3.4 above.

## 4 A posteriori error estimate

In this section we introduce a residual based a posteriori error estimator for the problem. We will prove that this gives both an upper and a lower bound for the error.

For the proof we will use a mesh $\mathcal{T}_{h / 2}$ obtained from $\mathcal{T}_{h}$ by dividing each simplex into $2^{N}, N=2,3$, equal simplices. The corresponding mesh induced on $\Gamma$ will be denoted by $\mathcal{G}_{h / 2}$. By $V_{h / 2}$ we denote the finite element subspace on the refined mesh and $u_{h / 2} \in V_{h / 2}$ is the corresponding finite element solution. By $\mathcal{I}_{h}$ and $\mathcal{I}_{h / 2}$ we denote the collection of interior edges/faces of elements in $\mathcal{T}_{h}$ and $\mathcal{T}_{h / 2}$, respectively.

The local error indicator is defined as

$$
\begin{align*}
E_{K}\left(u_{h}\right)^{2}= & h_{K}^{2}\left\|\Delta u_{h}+f\right\|_{L^{2}(K)}^{2}+h_{E}\left\|\llbracket \frac{\partial u_{h}}{\partial n} \rrbracket\right\|_{L^{2}\left(\partial K \cap \mathcal{I}_{h}\right)}^{2}  \tag{4.1}\\
& +\frac{h_{E}}{\left(\epsilon+\gamma h_{E}\right)^{2}}\left\|\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right)+u_{h}-u_{0}\right\|_{L^{2}(\partial K \cap \Gamma)}^{2} .
\end{align*}
$$

In our analysis we use the following saturation assumption [3].
Assumption 4.1. Assume there exists $\beta<1$ such that

$$
\begin{equation*}
\left\|u-u_{h / 2}\right\|_{h / 2} \leq \beta\left\|u-u_{h}\right\|_{h} \tag{4.2}
\end{equation*}
$$

where $u_{h / 2}$ is the solution on the mesh $\mathcal{T}_{h / 2}$. The mesh $\mathcal{T}_{h / 2}$ is derived splitting the elements of the mesh $\mathcal{T}_{h}$.

We then have the following result.
Theorem 4.2. Under the Assumptions 3.3 and 4.1 it holds

$$
\begin{equation*}
\left\|u-u_{h}\right\|_{h} \leq C\left(\sum_{K \in \mathcal{T}_{h}} E_{K}\left(u_{h}\right)^{2}\right)^{1 / 2} \tag{4.3}
\end{equation*}
$$

Proof. Step1. By the triangle inequality we have

$$
\begin{equation*}
\left\|u_{h / 2}-u_{h}\right\|_{h / 2} \geq\left\|u-u_{h}\right\|_{h / 2}-\left\|u-u_{h / 2}\right\|_{h / 2} \geq\left\|u-u_{h}\right\|_{h}-\beta\left\|u-u_{h}\right\|_{h} \tag{4.4}
\end{equation*}
$$

and as a consequence of the saturation assumption we have

$$
\begin{equation*}
\left\|u-u_{h}\right\|_{h} \leq \frac{1}{1-\beta}\left\|u_{h / 2}-u_{h}\right\|_{h / 2} \tag{4.5}
\end{equation*}
$$

Hence, it is sufficient to bound $\left\|u_{h / 2}-u_{h}\right\|_{h / 2}$. To this end we use the stability. By Lemma 3.2 there exists $v \in V_{h / 2}$ such that

$$
\begin{equation*}
\|v\|_{h / 2}=1 \quad \text { and } \quad C\left\|u_{h / 2}-u_{h}\right\|_{h / 2} \leq \mathcal{B}_{h / 2}\left(u_{h / 2}-u_{h}, v\right) \tag{4.6}
\end{equation*}
$$

Let $\tilde{v} \in V_{h}$ be the Lagrange interpolate of $v \in V_{h / 2}$. By scaling arguments one obtains

$$
\begin{align*}
& \sum_{K \in \mathcal{T}_{h / 2}}\left\{h_{K}^{-2}\|v-\tilde{v}\|_{L^{2}(K)}^{2}+h_{E}^{-1}\|v-\tilde{v}\|_{L^{2}(\partial K)}^{2}\right\} \\
& \quad+\sum_{E \in \mathcal{G}_{h} / 2}\left\{\frac{1}{\epsilon+h_{E}}\|v-\tilde{v}\|_{L^{2}(E)}^{2}+h_{E}\left\|\frac{\partial(v-\tilde{v})}{\partial n}\right\|_{L^{2}(E)}^{2}\right\}  \tag{4.7}\\
& \leq C\|v\|_{h / 2}^{2} \leq C
\end{align*}
$$

To simplify the notation we define $w:=v-\tilde{v}$ and the above estimate gives

$$
\begin{align*}
& \left(\sum_{K \in \mathcal{T}_{h / 2}} h_{K}^{-2}\|w\|_{L^{2}(K)}^{2}\right)^{1 / 2} \leq C, \quad\left(\sum_{K \in \mathcal{T}_{h / 2}} h_{E}^{-1}\|w\|_{L^{2}(\partial K)}^{2}\right)^{1 / 2} \leq C \\
& \quad \text { and } \quad\left(\sum_{E \in \mathcal{G}_{h / 2}} h_{E}\left\|\frac{\partial w}{\partial n}\right\|_{L^{2}(E)}^{2}\right)^{1 / 2} \leq C \tag{4.8}
\end{align*}
$$

The right hand side in (4.6) we split into two parts

$$
\begin{equation*}
\mathcal{B}_{h / 2}\left(u_{h / 2}-u_{h}, v\right) \leq \mathcal{B}_{h / 2}\left(u_{h / 2}-u_{h}, w\right)+\mathcal{B}_{h / 2}\left(u_{h / 2}-u_{h}, \tilde{v}\right)=: W_{1}+W_{2} . \tag{4.9}
\end{equation*}
$$

We will bound the terms $W_{1}$ and $W_{2}$ separately.
Step 2. Since $w \in V_{h / 2}$, it holds

$$
\begin{equation*}
\mathcal{B}_{h / 2}\left(u_{h / 2}, w\right)=\mathcal{F}_{h / 2}(w) \tag{4.10}
\end{equation*}
$$

and we have

$$
\begin{align*}
W_{1}= & \mathcal{F}_{h / 2}(w)-\mathcal{B}_{h / 2}\left(u_{h}, w\right) \\
= & \left\{(f, w)_{\Omega}-\left(\nabla u_{h}, \nabla w\right)_{\Omega}+\sum_{E \in \mathcal{G}_{h / 2}} \frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left\langle\frac{\partial u_{h}}{\partial n}, w\right\rangle_{E}\right\} \\
& +\sum_{E \in \mathcal{G}_{h / 2}} \frac{1}{\epsilon+\gamma h_{E}}\left[\left\langle u_{0}-u_{h}, w\right\rangle_{E}+\epsilon\langle g, w\rangle_{E}\right]  \tag{4.11}\\
& +\sum_{E \in \mathcal{G}_{h / 2}} \frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left[\left\langle u_{h}-u_{0}, \frac{\partial w}{\partial n}\right\rangle_{E}+\epsilon\left\langle\frac{\partial u_{h}}{\partial n}-g, \frac{\partial w}{\partial n}\right\rangle_{E}\right] .
\end{align*}
$$

Integrating by parts on each $K \in \mathcal{T}_{h / 2}$ gives

$$
\begin{align*}
(f, w)_{\Omega}-\left(\nabla u_{h}, \nabla w\right)_{\Omega}= & \sum_{K \in \mathcal{T}_{h / 2}}\left(f+\Delta u_{h}, w\right)_{K}-\sum_{E \in \mathcal{I}_{h / 2}}\left\langle\llbracket \frac{\partial u_{h}}{\partial n} \rrbracket, w\right\rangle_{E} \\
& -\sum_{E \in \mathcal{G}_{h / 2}}\left\langle\frac{\partial u_{h}}{\partial n}, w\right\rangle_{E} . \tag{4.12}
\end{align*}
$$

Rearranging terms we thus have

$$
\begin{equation*}
W_{1}=R_{1}+R_{2}+R_{3}, \tag{4.13}
\end{equation*}
$$

with

$$
\begin{align*}
R_{1}= & \sum_{K \in \mathcal{T}_{h / 2}}\left(f+\Delta u_{h}, w\right)_{K}-\sum_{E \in \mathcal{I}_{h / 2}}\left\langle\llbracket \frac{\partial u_{h}}{\partial n} \rrbracket, w\right\rangle_{E},  \tag{4.14}\\
R_{2}= & \sum_{E \in \mathcal{G}_{h / 2}}\left(\frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}-1\right)\left\langle\frac{\partial u_{h}}{\partial n}, w\right\rangle_{E} \\
& +\sum_{E \in \mathcal{G}_{h / 2}} \frac{1}{\epsilon+\gamma h_{E}}\left[\left\langle u_{0}-u_{h}, w\right\rangle_{E}+\epsilon\langle g, w\rangle_{E}\right] \tag{4.15}
\end{align*}
$$

and

$$
\begin{equation*}
R_{3}=\sum_{E \in \mathcal{G}_{h / 2}} \frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left[\left\langle u_{h}-u_{0}, \frac{\partial w}{\partial n}\right\rangle_{E}+\epsilon\left\langle\frac{\partial u_{h}}{\partial n}-g, \frac{\partial w}{\partial n}\right\rangle_{E}\right] . \tag{4.16}
\end{equation*}
$$

The first term is estimated using Schwarz inequality and (4.8)

$$
\begin{align*}
R_{1} \leq & \sum_{K \in \mathcal{T}_{h / 2}}\left\|f+\Delta u_{h}\right\|_{L^{2}(K)}\|w\|_{L^{2}(K)}+\sum_{E \in \mathcal{I}_{h / 2}}\left\|\llbracket \frac{\partial u_{h}}{\partial n} \rrbracket\right\|_{L^{2}(E)}\|w\|_{L^{2}(E)} \\
\leq & \left(\sum_{K \in \mathcal{T}_{h / 2}} h_{K}^{2}\left\|f+\Delta u_{h}\right\|_{L^{2}(K)}\right)^{1 / 2}\left(\sum_{K \in \mathcal{T}_{h / 2}} h_{K}^{-2}\|w\|_{L^{2}(K)}\right)^{1 / 2} \\
& +\left(\sum_{E \in \mathcal{I}_{h / 2}} h_{E}\left\|\llbracket \frac{\partial u_{h}}{\partial n} \rrbracket\right\|_{L^{2}(E)}\right)^{1 / 2}\left(\sum_{E \in \mathcal{I}_{h / 2}} h_{E}^{-1}\|w\|_{L^{2}(E)}\right)^{1 / 2} \\
\leq & C\left[\left(\sum_{K \in \mathcal{T}_{h / 2}} h_{K}^{2}\left\|f+\Delta u_{h}\right\|_{L^{2}(K)}\right)^{1 / 2}+\left(\sum_{E \in \mathcal{I}_{h / 2}} h_{E}\left\|\llbracket \frac{\partial u_{h}}{\partial n} \rrbracket\right\|_{L^{2}(E)}\right)^{1 / 2}\right] . \tag{4.17}
\end{align*}
$$

Adding the terms in $R_{2}$, using Schwarz inequality and the estimate (4.8)
gives

$$
\begin{align*}
R_{2}= & \sum_{E \in \mathcal{G}_{h / 2}} \frac{1}{\epsilon+\gamma h_{E}}\left\langle u_{0}-u_{h}+\epsilon g-\epsilon \frac{\partial u_{h}}{\partial n}, w\right\rangle_{E} \\
\leq & \left(\sum_{E \in \mathcal{G}_{h / 2}} \frac{h_{E}}{\left(\epsilon+\gamma h_{E}\right)^{2}}\left\|u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right)\right\|_{L^{2}(E)}^{2}\right)^{1 / 2} \\
& \cdot\left(\sum_{E \in \mathcal{G}_{h / 2}} h_{E}^{-1}\|w\|_{L^{2}(E)}^{2}\right)^{1 / 2}  \tag{4.18}\\
\leq & C\left(\sum_{E \in \mathcal{G}_{h / 2}} \frac{h_{E}}{\left(\epsilon+\gamma h_{E}\right)^{2}}\left\|u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right)\right\|_{L^{2}(E)}^{2}\right)^{1 / 2} .
\end{align*}
$$

For the third term we similarly get

$$
\begin{align*}
R_{3}= & \sum_{E \in \mathcal{G}_{h / 2}} \frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left[\left\langle u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right), \frac{\partial w}{\partial n}\right\rangle_{E}\right] \\
& \leq \gamma\left(\sum_{E \in \mathcal{G}_{h / 2}} \frac{h_{E}}{\left(\epsilon+\gamma h_{E}\right)^{2}} \|\left\langle u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right) \|^{2}\right)^{1 / 2}\right. \\
& \cdot\left(\sum_{E \in \mathcal{G}_{h / 2}} h_{E}\left\|\frac{\partial w}{\partial n}\right\|_{E}^{2}\right)^{1 / 2}  \tag{4.19}\\
& \leq C\left(\sum_{E \in \mathcal{G}_{h / 2}} \frac{h_{E}}{\left(\epsilon+\gamma h_{E}\right)^{2}} \|\left\langle u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right) \|^{2}\right)^{1 / 2} .\right.
\end{align*}
$$

Now we have bounded the term $W_{1}$, i.e. we have

$$
\begin{equation*}
W_{1} \leq C\left(\sum_{K \in \mathcal{T}_{h / 2}} E_{K}\left(u_{h}\right)^{2}\right)^{1 / 2} \tag{4.20}
\end{equation*}
$$

Step 3. Next, we prove the same upper bound to term $W_{2}$ of equation (4.9). To obtain the upper bound we need the following bounds

$$
\begin{equation*}
\|\tilde{v}\|_{h / 2}+\left(\sum_{E \in \mathcal{G}_{h / 2}} h_{E}\left\|\frac{\partial \tilde{v}}{\partial n}\right\|_{L^{2}(E)}^{2}\right)^{1 / 2} \leq C\|v\|_{h / 2} \leq C \tag{4.21}
\end{equation*}
$$

which follow from (4.7) and (4.6). Below we will for clarity denote by $E$ an element in $\mathcal{G}_{h / 2}$ and by $F$ an element in $\mathcal{G}_{h}$. Using the relation $\mathcal{B}_{h}\left(u_{h}, \tilde{v}\right)-$
$\mathcal{F}_{h}(\tilde{v})=0$ and rearranging terms we obtain

$$
\begin{align*}
W_{2} & =\mathcal{F}_{h / 2}(\tilde{v})-\mathcal{B}_{h / 2}\left(u_{h}, \tilde{v}\right)=\mathcal{F}_{h / 2}(\tilde{v})-\mathcal{F}_{h}(\tilde{v})+\mathcal{B}_{h}\left(u_{h}, \tilde{v}\right)-\mathcal{B}_{h / 2}\left(u_{h}, \tilde{v}\right) \\
& \left.=\frac{1}{\epsilon \in \mathcal{G}_{h / 2}}\left\langle u_{E}-u_{h}+\epsilon g, \tilde{v}\right\rangle_{E}\right] \\
& +\left[-\sum_{F \in \mathcal{G}_{h}} \frac{1}{\epsilon+\gamma h_{F}}\left\langle u_{0}-u_{h}+\epsilon g, \tilde{v}\right\rangle_{F}\right] \\
& +\left[\sum_{E \in \mathcal{G}_{h / 2}} \frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left\langle\frac{\partial u_{h}}{\partial n}, \tilde{v}\right\rangle_{E}-\sum_{F \in \mathcal{G}_{h}} \frac{\gamma h_{F}}{\epsilon+\gamma h_{F}}\left\langle\frac{\partial u_{h}}{\partial n}, \tilde{v}\right\rangle_{F}\right] \\
& +\left[\sum_{E \in \mathcal{G}_{h / 2}} \frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left\langle u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right), \frac{\partial \tilde{v}}{\partial n}\right\rangle_{E}\right] \\
& +\left[-\sum_{F \in \mathcal{G}_{h}} \frac{\gamma h_{F}}{\epsilon+\gamma h_{F}}\left\langle u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right), \frac{\partial \tilde{v}}{\partial n}\right\rangle_{F}\right] \\
& =T_{1}+T_{2}+T_{3}+T_{4}+T_{5} . \tag{4.22}
\end{align*}
$$

Since $u_{h}$ has same values on both meshes $\mathcal{T}_{h / 2}$ and $\mathcal{T}_{h}$ we can write the term $T_{3}$ as follows

$$
\begin{align*}
T_{3} & =\left[\sum_{E \in \mathcal{G}_{h / 2}} \frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}\left\langle\frac{\partial u_{h}}{\partial n}, \tilde{v}\right\rangle_{E}-\sum_{F \in \mathcal{G}_{h}} \frac{\gamma h_{F}}{\epsilon+\gamma h_{F}}\left\langle\frac{\partial u_{h}}{\partial n}, \tilde{v}\right\rangle_{F}\right] \\
& =\left[\sum_{E \in \mathcal{G}_{h / 2}}\left(\frac{\gamma h_{E}}{\epsilon+\gamma h_{E}}-1\right)\left\langle\frac{\partial u_{h}}{\partial n}, \tilde{v}\right\rangle_{E}-\sum_{F \in \mathcal{G}_{h}}\left(\frac{\gamma h_{F}}{\epsilon+\gamma h_{F}}-1\right)\left\langle\frac{\partial u_{h}}{\partial n}, \tilde{v}\right\rangle_{F}\right] \\
& =-\sum_{E \in \mathcal{G}_{h / 2}} \frac{\epsilon}{\epsilon+\gamma h_{E}}\left\langle\frac{\partial u_{h}}{\partial n}, \tilde{v}\right\rangle_{E}+\sum_{F \in \mathcal{G}_{h}} \frac{\epsilon}{\epsilon+\gamma h_{F}}\left\langle\frac{\partial u_{h}}{\partial n}, \tilde{v}\right\rangle_{F} . \tag{4.23}
\end{align*}
$$

Next, adding $T_{1}, T_{2}$ and $T_{3}$, and using the fact that $h_{F}=2 h_{E}$, for $E \subset F$,
gives

$$
\begin{align*}
T_{1}+T_{2}+ & T_{3}=\sum_{E \in \mathcal{G}_{h / 2}} \frac{1}{\epsilon+\gamma h_{E}}\left\langle u_{0}-u_{h}+\epsilon\left(g-\frac{\partial u_{h}}{\partial n}\right), \tilde{v}\right\rangle_{E} \\
& -\sum_{F \in \mathcal{G}_{h}} \frac{1}{\epsilon+\gamma h_{F}}\left\langle u_{0}-u_{h}+\epsilon\left(g-\frac{\partial u_{h}}{\partial n}\right), \tilde{v}\right\rangle_{F} \\
= & \sum_{E \in \mathcal{G}_{h / 2}} \frac{\gamma h_{E}}{\left(\epsilon+\gamma h_{E}\right)\left(\epsilon+2 \gamma h_{E}\right)}\left\langle u_{0}-u_{h}+\epsilon\left(g-\frac{\partial u_{h}}{\partial n}\right), \tilde{v}\right\rangle_{E} \\
\leq & C \sum_{E \in \mathcal{G}_{h / 2}} \frac{h_{E}}{\left(\epsilon+\gamma h_{E}\right)^{3 / 2}}\left\|u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right)\right\|_{L^{2}(E)} \\
& \cdot \frac{1}{\left(\epsilon+\gamma h_{E}\right)^{1 / 2}}\|\tilde{v}\|_{L^{2}(E)} \\
\leq & C\left(\sum_{E \in \mathcal{G}_{h / 2}} \frac{h_{E}^{2}}{\left(\epsilon+\gamma h_{E}\right)^{3}}\left\|u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right)\right\|_{L^{2}(E)}^{2}\right)^{1 / 2}\|\tilde{v}\|_{h} \\
\leq & C\left(\sum_{E \in \mathcal{G}_{h / 2}} \frac{h_{E}}{\left(\epsilon+\gamma h_{E}\right)^{2}}\left\|u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right)\right\|_{L^{2}(E)}^{2}\right)^{1 / 2} . \tag{4.24}
\end{align*}
$$

The terms $T_{4}$ and $T_{5}$ of the equation (4.22) are the same terms on different meshes and the proofs are exactly the same for both of them. For brevity we show the proof only for $T_{4}$

$$
\begin{align*}
T_{4} & \leq C \sum_{E \in \mathcal{G}_{h / 2}} \frac{h_{E} h_{E}^{-1 / 2}}{\epsilon+\gamma h_{E}}\left\|u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right)\right\|_{L^{2}(E)} h_{E}^{1 / 2}\left\|\frac{\partial \tilde{v}}{\partial n}\right\|_{L^{2}(E)} \\
& \leq C\left(\sum_{E \in \mathcal{G}_{h / 2}} \frac{\gamma h_{E}}{\left(\epsilon+\gamma h_{E}\right)^{2}}\left\|u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right)\right\|_{L^{2}(E)}^{2}\right)^{1 / 2} \\
& \cdot\left(\sum_{E \in \mathcal{G}_{h / 2}} h_{E}\left\|\frac{\partial \tilde{v}}{\partial n}\right\|_{L^{2}(E)}^{2}\right)^{1 / 2}  \tag{4.25}\\
& \leq C\left(\sum_{E \in \mathcal{G}_{h / 2}} \frac{h_{E}}{\left(\epsilon+\gamma h_{E}\right)^{2}}\left\|u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right)\right\|_{L^{2}(E)}^{2}\right)^{1 / 2}
\end{align*}
$$

where the last line follows from the bound of the interpolant, see equation (4.21). For $T_{5}$ we get

$$
\begin{equation*}
T_{5} \leq C\left(\sum_{F \in \mathcal{G}_{h}} \frac{h_{F}}{\left(\epsilon+\gamma h_{F}\right)^{2}}\left\|u_{h}-u_{0}+\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right)\right\|_{L^{2}(F)}^{2}\right)^{1 / 2} \tag{4.26}
\end{equation*}
$$

Now we have bounded also the term $W_{2}$, i.e. we have

$$
\begin{equation*}
W_{2} \leq C\left[\left(\sum_{K \in \mathcal{T}_{h / 2}} E_{K}\left(u_{h}\right)^{2}\right)^{1 / 2}+\left(\sum_{K \in \mathcal{T}_{h}} E_{K}\left(u_{h}\right)^{2}\right)^{1 / 2}\right] \tag{4.27}
\end{equation*}
$$

Since $u_{h} \in V_{h}$ has the same values on both $\mathcal{T}_{h / 2}$ and $\mathcal{T}_{h}$ we have

$$
\begin{equation*}
\sum_{K \in \mathcal{T}_{h / 2}} E_{K}\left(u_{h}\right)^{2} \leq C \sum_{K \in \mathcal{T}_{h}} E_{K}\left(u_{h}\right)^{2} . \tag{4.28}
\end{equation*}
$$

The assertion now follows by combining (4.5), (4.6), (4.9), (4.20) and (4.27).

Let us next discuss the estimator. When $\epsilon=0$, i.e. for the pure Dirichlet problem, we get

$$
\begin{align*}
E_{K}\left(u_{h}\right)^{2}= & h_{K}^{2}\left\|\Delta u_{h}+f\right\|_{L^{2}(K)}^{2}+\sum_{E \subset \partial K \cap \mathcal{I}_{h}} h_{E}\left\|\llbracket \frac{\partial u_{h}}{\partial n} \rrbracket\right\|_{L^{2}(E)}^{2}  \tag{4.29}\\
& +\sum_{E \subset \partial K \cap \Gamma} \frac{1}{h_{E}}\left\|u_{h}-u_{0}\right\|_{L^{2}(E)}^{2},
\end{align*}
$$

which is the estimator of the Nitsche method for the Dirichlet boundary value problem, see [2]. Note also that the error is measured in the norm

$$
\begin{equation*}
\|v\|_{h}^{2}=\|\nabla v\|_{L^{2}(\Omega)}^{2}+\sum_{E \in \mathcal{G}_{h}} \frac{1}{h_{E}}\|v\|_{L^{2}(E)}^{2} . \tag{4.30}
\end{equation*}
$$

The other limit $\epsilon \rightarrow \infty$ leads to

$$
\begin{align*}
E_{K}\left(u_{h}\right)^{2}= & h_{K}^{2}\left\|\Delta u_{h}+f\right\|_{L^{2}(K)}^{2}+\sum_{E \subset \partial K \cap \mathcal{I}_{h}} h_{E}\left\|\llbracket \frac{\partial u_{h}}{\partial n} \rrbracket\right\|_{L^{2}(E)}^{2} \\
& +\sum_{E \subset \partial K \cap \Gamma} h_{E}\left\|\frac{\partial u_{h}}{\partial n}-g\right\|_{L^{2}(E)}^{2} \tag{4.31}
\end{align*}
$$

which is the traditional a posteriori estimator of the Neumann problem with the error measured in the $H^{1}(\Omega)$-seminorm:

$$
\begin{equation*}
\|v\|_{h}^{2}=\|\nabla v\|_{L^{2}(\Omega)}^{2} . \tag{4.32}
\end{equation*}
$$

These remarks show that the a posteriori estimate holds for all values of the parameter $\epsilon$, even the limit values give the correct and numerically stable a posteriori estimate.

Finally we prove the efficiency of the a posteriori estimate. For the proof we use and adopt established techniques using test functions with local support. We let $\Psi_{E}$ be the $N$-th degree polynomial which has the support $\omega_{E}$ on the element with $E$ as an edge/face and is normalized such that $0 \leq \Psi_{E} \leq 1=\max \Psi_{E}$. For the edges we also need an extension operator $\mathcal{E}$ from the edge $E$ to the elements sharing $E$, i.e.

$$
\mathcal{E}: L^{2}(E) \rightarrow L^{2}\left(\omega_{E}\right)
$$

On the boundary $\partial \Omega$ we assume that $\Psi_{E}$ and $\mathcal{E}$ operate in the obvious way, i.e. they only extend towards the interior of the domain $\Omega$. For the bubble functions and the extension operator the following estimates hold, see e.g. [7].

Lemma 4.3. Let $\mathcal{T}_{h}$ be a shape-regular mesh. Then there exists $C>0$ such that

$$
\begin{align*}
\left\|\Psi_{E}^{1 / 2} p_{E}\right\|_{\left.L^{( } E\right)} & \geq C\left\|p_{E}\right\|_{L^{2}(E)}  \tag{4.33}\\
C h_{K}^{1 / 2}\left\|p_{E}\right\|_{L^{2}(E)} \leq\left\|\Psi_{E} \mathcal{E} p_{E}\right\|_{L^{2}(K)} & \leq C h_{K}^{1 / 2}\left\|p_{E}\right\|_{L^{2}(E)}  \tag{4.34}\\
\left\|\nabla\left(\Psi_{E} \mathcal{E} p_{E}\right)\right\|_{L^{2}(K)} & \leq C h_{K}^{-1}\left\|\Psi_{E} \mathcal{E} p_{E}\right\|_{L^{2}(K)} \tag{4.35}
\end{align*}
$$

for all $p_{E} \in \mathcal{P}_{p}(E), K \in \mathcal{T}_{h}$ and $E \subset \partial K$.
We now have the following local bounds.
Theorem 4.4. The elementwise estimator $E_{K}\left(u_{h}\right)$, defined in equation (4.1), also fulfils

$$
\begin{array}{r}
E_{K}\left(u_{h}\right)^{2} \leq C\left(\left|u-u_{h}\right|_{H^{1}\left(\omega_{K}\right)}^{2}+h_{K}^{2}\left\|f-f_{h}\right\|_{L^{2}\left(\omega_{K}\right)}^{2}+\sum_{E \subset \partial K \cap \Gamma} \frac{1}{\epsilon+h_{E}}\left\|u-u_{h}\right\|_{L^{2}(E)}^{2}\right. \\
\left.+\sum_{E \subset \partial K \cap \Gamma} \frac{h_{E}}{\left(\epsilon+h_{E}\right)^{2}}\left\|\epsilon\left(g-g_{h}\right)+u_{0}-u_{0, h}\right\|_{L^{2}(E)}^{2}\right), \tag{4.36}
\end{array}
$$

where $f_{h}, u_{0, h}$ and $g_{h}$ are approximations in $V_{h}$ of the given data, and $\omega_{K}$ is the domain of element $K$ and all elements sharing an edge/face with $K$.

Proof. We will consider the upper bound for each term of the estimator $E_{K}\left(u_{h}\right)$, equation (4.1), separately.

For the terms $R_{K}:=\Delta u_{h}+f$ and $R_{E}:=\llbracket \frac{\partial u_{h}}{\partial n} \rrbracket$ we have the well-known bounds [7]

$$
\begin{equation*}
h_{K}\left\|R_{K}\right\|_{L^{2}\left(\omega_{K}\right)} \leq C\left(\left|u-u_{h}\right|_{H^{1}\left(\omega_{K}\right)}+h_{K}\left\|f-f_{h}\right\|_{L^{2}\left(\omega_{K}\right)}\right) \tag{4.37}
\end{equation*}
$$

and

$$
\begin{equation*}
h_{E}^{1 / 2}\left\|R_{E}\right\|_{L^{2}(E)} \leq C\left(\left|u-u_{h}\right|_{H^{1}\left(\omega_{E}\right)}+h_{K}\left\|f-f_{h}\right\|_{L^{2}\left(\omega_{E}\right)}\right) . \tag{4.38}
\end{equation*}
$$

Therefore we only give the proof for the last term

$$
\begin{equation*}
R_{\Gamma}=\epsilon\left(\frac{\partial u_{h}}{\partial n}-g\right)+u_{h}-u_{0} . \tag{4.39}
\end{equation*}
$$

We denote

$$
R_{\Gamma, \text { red }}=\epsilon\left(\frac{\partial u_{h}}{\partial n}-g_{h}\right)+u_{h}-u_{0, h}, \quad \hat{w}_{\Gamma}=\Psi_{E} \mathcal{E} R_{\Gamma, \text { red }} \quad \text { and } \quad w_{\Gamma}=\Psi_{E} R_{\Gamma, \text { red }}
$$

With the triangle inequality we get

$$
\begin{equation*}
\left\|R_{\Gamma}\right\|_{L^{2}(E)} \leq\left\|R_{\Gamma, \mathrm{red}}\right\|_{L^{2}(E)}+\left\|\epsilon\left(g-g_{h}\right)+u_{0}-u_{0, h}\right\|_{L^{2}(E)} . \tag{4.40}
\end{equation*}
$$

Lemma 4.3 and the identities

$$
\left(R_{K}, \hat{w}_{\Gamma}\right)_{K}=\left(\nabla\left(u-u_{h}\right), \nabla \hat{w}_{\Gamma}\right)_{K}+\left\langle\frac{\partial}{\partial n}\left(u_{h}-u\right), \hat{w}_{\Gamma}\right\rangle_{E}
$$

and

$$
\epsilon\left(\frac{\partial u}{\partial n}-g\right)+\left(u_{0}-u\right)=0
$$

lead to

$$
\begin{align*}
& C\left\|R_{\Gamma, \text { red }}\right\|_{L^{2}(E)}^{2} \leq\left\|\Psi_{E}^{1 / 2} R_{\Gamma, \text { red }}\right\|_{L^{2}(E)}^{2}=\left\langle R_{\Gamma, \text { red }}, w_{\Gamma}\right\rangle_{E} \\
&= \epsilon\left\langle\frac{\partial}{\partial n}\left(u_{h}-u\right), \hat{w}_{\Gamma}\right\rangle_{E}+\left\langle u_{h}-u, w_{\Gamma}\right\rangle_{E}+\left\langle\epsilon\left(g-g_{h}\right)+u_{0}-u_{0, h}, w_{\Gamma}\right\rangle_{E} \\
&= \epsilon\left(R_{K}, \hat{w}_{\Gamma}\right)_{K}+\epsilon\left(\nabla\left(u_{h}-u\right), \nabla \hat{w}_{\Gamma}\right)_{K}+\left\langle u_{h}-u, w_{\Gamma}\right\rangle_{E} \\
&+\left\langle\epsilon\left(g-g_{h}\right)+u_{0}-u_{0, h}, w_{\Gamma}\right\rangle_{E} \\
& \leq \epsilon\left\|R_{K}\right\|_{L^{2}(K)}\left\|\hat{w}_{\Gamma}\right\|_{L^{2}(K)}+\epsilon\left\|\nabla\left(u-u_{h}\right)\right\|_{L^{2}(K)}\left\|\nabla \hat{w}_{\Gamma}\right\|_{L^{2}(K)} \\
& \quad+\left\|u_{h}-u\right\|_{L^{2}(E)}\left\|w_{\Gamma}\right\|_{L^{2}(E)}+\left\|\epsilon\left(g-g_{h}\right)+u_{0}-u_{0, h}\right\|_{L^{2}(E)}\left\|w_{\Gamma}\right\|_{L^{2}(E)} \\
& \leq C\left(\epsilon h_{K}^{1 / 2}\left\|R_{K}\right\|_{L^{2}(K)}+\epsilon h_{K}^{-1 / 2}\left|u-u_{h}\right|_{H^{1}(K)}+\left\|u-u_{h}\right\|_{L^{2}(E)}\right. \\
&\left.\quad+\left\|\epsilon\left(g-g_{h}\right)+u_{0}-u_{0, h}\right\|_{L^{2}(E)}\right)\left\|R_{\Gamma, \text { red }}\right\|_{L^{2}(E)} . \tag{4.41}
\end{align*}
$$

Multiplying equation (4.41) with $\frac{h_{E}^{1 / 2}}{\epsilon+h_{E}}$ and using the bound (4.37) for $\left\|R_{K}\right\|_{L^{2}(K)}$ gives

$$
\begin{align*}
& \frac{h_{E}^{1 / 2}}{\epsilon+h_{E}}\left\|R_{\Gamma, \text { red }}\right\|_{L^{2}(E)} \\
& \leq C\left(\frac{\epsilon}{\epsilon+h_{E}}\left|u-u_{h}\right|_{H^{1}(K)}+\frac{\epsilon h_{E}}{\epsilon+h_{E}}\left\|f-f_{h}\right\|_{L^{2}(K)}\right. \\
&\left.\quad+\frac{h_{E}^{1 / 2}}{\epsilon+h_{E}}\left\|u-u_{h}\right\|_{L^{2}(E)}+\frac{h_{E}^{1 / 2}}{\epsilon+h_{E}}\left\|\epsilon\left(g-g_{h}\right)+u_{0}-u_{0, h}\right\|_{L^{2}(E)}\right) \\
& \leq C\left(\left|u-u_{h}\right|_{H^{1}(K)}+h_{K}\left\|f-f_{h}\right\|_{L^{2}(K)}\right. \\
&\left.\quad+\frac{1}{\left(\epsilon+h_{E}\right)^{1 / 2}}\left\|u-u_{h}\right\|_{L^{2}(E)}+\frac{h_{E}^{1 / 2}}{\epsilon+h_{E}}\left\|\epsilon\left(g-g_{h}\right)+u_{0}-u_{0, h}\right\|_{L^{2}(E)}\right) . \tag{4.42}
\end{align*}
$$

Combining equations (4.40) and (4.42) gives the following bound to $R_{\Gamma}$

$$
\begin{align*}
& \frac{h_{E}^{1 / 2}}{\epsilon+h_{E}}\left\|R_{\Gamma}\right\|_{L^{2}(E)} \leq C\left(\left|u-u_{h}\right|_{H^{1}(K)}+h_{K}\left\|f-f_{h}\right\|_{L^{2}(K)}\right. \\
& \left.+\frac{1}{\left(\epsilon+h_{E}\right)^{1 / 2}}\left\|u-u_{h}\right\|_{L^{2}(E)}+\frac{h_{E}^{1 / 2}}{\epsilon+h_{E}}\left\|\epsilon\left(g-g_{h}\right)+u_{0}-u_{0, h}\right\|_{L^{2}(E)}\right) \tag{4.43}
\end{align*}
$$

All terms in equation (4.1) are now bounded separately, hence combining equations (4.37), (4.38), and (4.43) completes the proof.

## 5 The traditional method

In this section we give a short review of the error analysis of the traditional finite element method: Find $u_{h} \in V_{h}$ such that

$$
\begin{equation*}
\left(\nabla u_{h}, \nabla v\right)_{\Omega}+\frac{1}{\epsilon}\left\langle u_{h}, v\right\rangle_{\Gamma}=(f, v)_{\Omega}+\frac{1}{\epsilon}\left\langle u_{0}, v\right\rangle_{\Gamma}+\langle g, v\rangle_{\Gamma} \quad \forall v \in V_{h} . \tag{5.1}
\end{equation*}
$$

We denote

$$
h_{\Gamma}=\max _{E \in \mathcal{G}_{h}} h_{E} .
$$

Then the standard technique for error estimation together with an interpolation estimate in the $L^{2}(\Gamma)$-norm (cf. [4]) gives:

Theorem 5.1. For $u \in H^{s}(\Omega)$, with $1<s \leq p+1$ it holds

$$
\begin{equation*}
\left\|\nabla\left(u-u_{h}\right)\right\|_{L^{2}(\Omega)}+\epsilon^{-1 / 2}\left\|u-u_{h}\right\|_{L^{2}(\Gamma)} \leq C h^{s-1}\left(1+h_{\Gamma}^{1 / 2} \epsilon^{-1 / 2}\right)\|u\|_{H^{s}(\Omega)} \tag{5.2}
\end{equation*}
$$

From this estimate it is seen that the a priori estimate is optimal if $h_{\Gamma} \leq$ $C \epsilon$. Note also that (for a quasiuniform mesh) the condition number of the method is

$$
\begin{equation*}
\kappa=\mathcal{O}\left(h^{-2}+(\epsilon h)^{-1}\right) . \tag{5.3}
\end{equation*}
$$

Hence, the natural $\mathcal{O}\left(h^{-2}\right)$ condition number for a second order equation is obtained when $\epsilon \geq C h$.

Next, we will show that the same condition is needed for the a posteriori estimates to be optimal. By the standard technique [7] we obtain

Theorem 5.2. It holds

$$
\begin{equation*}
\left\|\nabla\left(u-u_{h}\right)\right\|_{L^{2}(\Omega)}+\epsilon^{-1 / 2}\left\|u-u_{h}\right\|_{L^{2}(\Gamma)} \leq C\left(\sum_{K \in \mathcal{G}_{h}} E_{t, K}\left(u_{h}\right)^{2}\right)^{1 / 2} \tag{5.4}
\end{equation*}
$$

with

$$
\begin{align*}
& E_{t, K}\left(u_{h}\right)^{2}=h_{K}^{2}\left\|\Delta u_{h}+f\right\|_{L^{2}(K)}^{2}+\sum_{E \subset \partial K \cap \mathcal{I}_{h}} h_{E}\left\|\llbracket \frac{\partial u_{h}}{\partial n} \rrbracket\right\|_{L^{2}(E)}^{2} \\
&+\sum_{E \subset \partial K \cap \Gamma} h_{E}\left\|\frac{\partial u_{h}}{\partial n}-g+\frac{1}{\epsilon}\left(u_{h}-u_{0}\right)\right\|_{L^{2}(E)}^{2} \tag{5.5}
\end{align*}
$$

When the data $u_{0}$ is approximated by $u_{0, h}$ we get from the last term

$$
\begin{align*}
h_{E}^{1 / 2}\left\|\frac{\partial u_{h}}{\partial n}-g+\frac{1}{\epsilon}\left(u_{h}-u_{0}\right)\right\|_{L^{2}(\partial K \cap \Gamma)} \leq & h_{E}^{1 / 2}\left\|\frac{\partial u_{h}}{\partial n}-g+\frac{1}{\epsilon}\left(u_{h}-u_{0, h}\right)\right\|_{L^{2}(\partial K \cap \Gamma)} \\
& +h_{E}^{1 / 2} \epsilon^{-1}\left\|u_{0, h}-u_{0}\right\|_{L^{2}(\partial K \cap \Gamma)} \tag{5.6}
\end{align*}
$$

From above it can be seen that in order to have an estimate uniformly valid with respect to $\epsilon$ the condition $h_{E} \leq C \epsilon$ has to be satisfied. The same condition is needed for the optimality of the following lower bound.

Theorem 5.3. The element wise estimator $E_{t, K}\left(u_{h}\right)$, defined in equation (5.5), also fulfils

$$
\begin{align*}
E_{t, K}\left(u_{h}\right)^{2} \leq & C\left\{\left|u-u_{h}\right|_{H^{1}\left(\omega_{K}\right)}^{2}+h_{K}^{2}\left\|f-f_{h}\right\|_{L^{2}\left(\omega_{K}\right)}^{2}\right. \\
& +\sum_{E \subset \partial K \cap \Gamma} h_{E} \epsilon^{-2}\left(\left\|u-u_{h}\right\|_{L^{2}(E)}^{2}+\left\|u_{0}-u_{0, h}\right\|_{L^{2}(E)}^{2}\right)  \tag{5.7}\\
& \left.\left.+\sum_{E \subset \partial K \cap \Gamma} h_{E}\left\|g-g_{h}\right\|_{L^{2}(E)}^{2}\right)\right\},
\end{align*}
$$

where $f_{h}, u_{0, h}$ and $g_{h}$ are approximations in $V_{h}$ of the given data, and $\omega_{K}$ is the domain of element $K$ and all elements sharing an edge/face with $K$.
Proof. Clearly, it is only the boundary term that has not been treated in the earlier proofs. We let

$$
\begin{equation*}
R_{\Gamma}=\frac{\partial u_{h}}{\partial n}-g+\frac{1}{\epsilon}\left(u_{h}-u_{0}\right) \tag{5.8}
\end{equation*}
$$

and

$$
\begin{equation*}
R_{\Gamma, \mathrm{red}}=\frac{\partial u_{h}}{\partial n}-g_{h}+\frac{1}{\epsilon}\left(u_{h}-u_{0, h}\right) . \tag{5.9}
\end{equation*}
$$

We have

$$
\begin{equation*}
\left\|R_{\Gamma}\right\|_{L^{2}(E)} \leq\left\|R_{\Gamma, \text { red }}\right\|_{L^{2}(E)}+\left\|g-g_{h}\right\|_{L^{2}(E)}+\epsilon^{-1}\left\|u_{0}-u_{0, h}\right\|_{L^{2}(E)} \tag{5.10}
\end{equation*}
$$

Let

$$
\hat{w}_{\Gamma}=\Psi_{E} \mathcal{E} R_{\Gamma, \text { red }} \quad \text { and } \quad w_{\Gamma}=\Psi_{E} R_{\Gamma, \text { red }} .
$$

Using Lemma 4.3 and the identities (with $R_{K}$ defined as as before)

$$
\left(R_{K}, \hat{w}_{\Gamma}\right)_{K}=\left(\nabla\left(u-u_{h}\right), \nabla \hat{w}_{\Gamma}\right)_{K}+\left\langle\frac{\partial}{\partial n}\left(u_{h}-u\right), \hat{w}_{\Gamma}\right\rangle_{E}
$$

and

$$
\frac{\partial u}{\partial n}-g+\frac{1}{\epsilon}\left(u-u_{0}\right)=0
$$

gives

$$
\begin{align*}
& C \|\left\|R_{\Gamma, \text { red }}\right\|_{L^{2}(E)}^{2} \leq\left\|\Psi_{E}^{1 / 2} R_{\Gamma, \text { red }}\right\|_{L^{2}(E)}^{2}=\left\langle R_{\Gamma, \text { red }}, w_{\Gamma}\right\rangle_{E} \\
&=\left\langle\frac{\partial}{\partial n}\left(u_{h}-u\right), \hat{w}_{\Gamma}\right\rangle_{E}-\left\langle g-g_{h}, w_{\Gamma}\right\rangle_{E} \\
& \quad+\epsilon^{-1}\left\langle u-u_{h}, w_{\Gamma}\right\rangle_{E}-\epsilon^{-1}\left\langle u_{0}-u_{0, h}, w_{\Gamma}\right\rangle_{E} \\
&=\left(R_{K}, \hat{w}_{\Gamma}\right)_{K}+\left(\nabla\left(u_{h}-u\right), \nabla \hat{w}_{\Gamma}\right)_{K}-\left\langle g-g_{h}, w_{\Gamma}\right\rangle_{E} \\
& \quad+\epsilon^{-1}\left\langle u-u_{h}, w_{\Gamma}\right\rangle_{E}-\epsilon^{-1}\left\langle u_{0}-u_{0, h}, w_{\Gamma}\right\rangle_{E}  \tag{5.11}\\
& \leq\left\|R_{K}\right\|_{L^{2}(K)}\left\|\hat{w}_{\Gamma}\right\|_{L^{2}(K)}+\left\|\nabla\left(u-u_{h}\right)\right\|_{L^{2}(K)}\left\|\nabla \hat{w}_{\Gamma}\right\|_{L^{2}(K)} \\
& \quad+\left\|g-g_{h}\right\|_{L^{2}(E)}\left\|w_{\Gamma}\right\|_{L^{2}(E)}+\epsilon^{-1}\left\|u-u_{h}\right\|_{L^{2}(E)}\left\|w_{\Gamma}\right\|_{L^{2}(E)} \\
& \quad+\epsilon^{-1}\left\|u_{0}-u_{0, h}\right\|_{L^{2}(E)}\left\|w_{\Gamma}\right\|_{L^{2}(E)} \\
& \leq C\left(h_{K}^{1 / 2}\left\|R_{K}\right\|_{L^{2}(K)}+h_{K}^{-1 / 2}\left|u-u_{h}\right|_{H^{1}(K)}+\left\|g-g_{h}\right\|_{L^{2}(E)}\right. \\
&\left.\quad \quad+\epsilon^{-1}\left\|u-u_{h}\right\|_{L^{2}(E)}+\epsilon^{-1}\left\|u_{0}-u_{0, h}\right\|_{L^{2}(E)}\right)\left\|R_{\Gamma, \text { red }}\right\|_{L^{2}(E)} .
\end{align*}
$$

Hence, we have

$$
\begin{array}{r}
\left\|R_{\Gamma, \text { red }}\right\|_{L^{2}(E)} \leq C\left(h_{K}^{1 / 2}\left\|R_{K}\right\|_{L^{2}(K)}+h_{K}^{-1 / 2}\left|u-u_{h}\right|_{H^{1}(K)}+\left\|g-g_{h}\right\|_{L^{2}(E)}\right. \\
\left.+\epsilon^{-1}\left\|u-u_{h}\right\|_{L^{2}(E)}+\epsilon^{-1}\left\|u_{0}-u_{0, h}\right\|_{L^{2}(E)}\right) \tag{5.12}
\end{array}
$$

which, together with (5.10) proves the assertion.
From here we see that the estimator is sharp, i.e. it holds

$$
\begin{equation*}
C\left(\sum_{K \in \mathcal{G}_{h}} E_{t, K}\left(u_{h}\right)^{2}\right)^{1 / 2} \leq\left\|\nabla\left(u-u_{h}\right)\right\|_{L^{2}(\Omega)}+\epsilon^{-1 / 2}\left\|u-u_{h}\right\|_{L^{2}(\Gamma)} \tag{5.13}
\end{equation*}
$$

when $h_{E} \leq C \epsilon$.

## 6 Numerical examples

In this section we report on numerical studies for the following problem

where
$\Omega=\{(x, y) \mid x \in(0,1), y \in(0,3 / 10)\} \quad$ and $\quad \Gamma_{\mathrm{R}}=\{(x, y) \mid y=3 / 10, x \in[0,1]\}$.
In order to get a non trivial problem with a known exact solution we proceed in the following way. On $\Gamma_{\mathrm{R}}$ we let $u_{0}$ be the $n$-th partial sum of the Fourier series of the function

$$
\tilde{u}_{0}(x)= \begin{cases}1 & \frac{3}{10} \leq x \leq \frac{7}{10} \\ 0 & \text { otherwise }\end{cases}
$$

i.e.

$$
u_{0}=\sum_{k=1}^{n} U_{k} \sin (k \pi x),
$$

with

$$
\begin{equation*}
U_{k}=2 \frac{\cos \left(\frac{7}{10} k \pi\right)-\cos \left(\frac{3}{10} k \pi\right)}{k \pi} \tag{6.2}
\end{equation*}
$$

The solution to our problem we then choose equal to the solution of the Dirichlet problem, with $\left.u\right|_{\Gamma_{\mathrm{D}}}=0$ and $\left.u\right|_{\Gamma_{\mathrm{R}}}=u_{0}$. By standard Fourier techniques we then obtain

$$
u(x, y)=\sum_{k=1}^{n} U_{k} \frac{\sinh (k \pi y) \sin (k \pi x)}{\sinh (3 / 10 k \pi)} .
$$

This is also the solution to our model problem (6.1) when we choose

$$
g=\sum_{k=1}^{n} k \pi U_{k} \frac{\sinh (3 / 10 k \pi)}{\cosh (3 / 10 k \pi)} \sin (k \pi x) .
$$

By our definition, the exact solution is independent of the parameter $\epsilon$ appearing in the Robin boundary condition. With this we are able to extract the effect of the parameter $\epsilon$ on the method rather than on the problem.

For all the computations in this paper we fix the number of Fourier coefficients to 21 . Figure 1 shows this solution and we see how the regularity decreases near $\Gamma_{R}$. In all the computations the stability parameter appearing in the formulation is chosen as $\gamma=0.1$.

Since the mathematical analysis earlier on this paper already establishes the a priori convergence results, we do not show any of the usual convergence graphs. Instead, we directly investigate the difference between the traditional method and the Nitsche approach.

First we show figures of the distribution of the error estimators $E_{K}\left(u_{h}\right)$ and $E_{t, K}\left(u_{h}\right)$ for a fixed mesh with different values of the parameter $\epsilon$. In Figure 2 we see the estimator distributions on mesh size $h=0.15$ and with $\epsilon=1,0.1,0.01$. We immediately notice that the traditional error estimator $E_{t, K}\left(u_{h}\right)$ is highly dependent on the value of $\epsilon$. Also the proposed estimator $E_{K}\left(u_{h}\right)$ grows as the $\epsilon$ diminishes but the effect is much smaller. The analytical a posteriori results predict that the traditional method should perform well if the mesh size $h$ is of the same order as $\epsilon$ or smaller. This can be seen in Figure 2; for the traditional estimator the mesh is suited only for the first value of $\epsilon$.

In Figure 3 we show again the distributions of the estimators with the same values of $\epsilon$, but now for the mesh size $h=0.04$. With this choice we expect the traditional estimator to perform well with the two larger values of the parameter $\epsilon$. Again both methods perform as expected, the Nitsche approach is unaffected by the $\epsilon$ and the traditional method performs well for the values of $\epsilon$ that are larger than the mesh size. From these figures it is clear that the boundary estimator of the traditional method cannot perform well with small values of $\epsilon$. Obviously, the problems of the traditional method arise from the boundary error estimator since the interior parts of the estimators are the same.

Next we test how the elementwise estimators $E_{K}\left(u_{h}\right)$ and $E_{t, K}\left(u_{h}\right)$ perform in adaptive mesh refinement. We refine until the error estimate, i.e. the sum of local estimators, is below the given tolerance. An element $K$ is refined if

$$
E_{K}\left(u_{h}\right)^{2} \text { or } E_{t, K}\left(u_{h}\right)^{2}>\frac{(\text { tolerance })^{2}}{\text { number of elements }} .
$$

All the adaptive computations have the same starting mesh with size $h=0.2$ and the same convergence tolerance. In Figure 4 we see the final meshes of the adaptive computations for both the Nitsche and the traditional method using different values of the parameter $\epsilon$. We notice that the Nitsche method
produces almost the same mesh regardless of $\epsilon$ which is natural since the exact solution is independent of $\epsilon$.

On the other hand, the traditional method needs more degrees of freedom as the $\epsilon$ diminishes. For larger values of $\epsilon$ both methods detect the regions at the boundary where the solution changes rapidly. For smaller values of $\epsilon$, the traditional estimator overemphasizes the boundary error and is not anymore able to detect the steep parts. Instead, the estimator sees error on the whole boundary and therefore refines on the whole boundary.

Finally, in Figure 5, we show the condition number of the system matrix for the Nitsche and the traditional method as a function of $\epsilon$. We notice that the condition number of the traditional method increases as equation (5.3) predicts. On the other hand, the condition number of the Nitsche method stays bounded for fixed $h$. Of this reason the traditional method may cause troubles for iterative solvers such as multigrid method. In our twodimensional computations incomplete Cholesky conjugate gradient (ICCG) methods have, however, performed well.

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Figure 1: The exact solution to the model problem with 21 terms on the boundary data. Recall that the design of the model problem is such that the solution is independent of the boundary condition parameter $\epsilon$.


Figure 2: Distribution of the error estimators with different values of the boundary parameter $\epsilon$. On the left we have the traditional estimator and on the right the Nitsche estimator. From top to bottom $\epsilon$ has values $1,0.1$ and 0.01 . The mesh has size $h=0.15$. Notice the scales and how dramatically the traditional estimator depends on $\epsilon$.


Figure 3: Distribution of the error estimators with different values of the boundary parameter $\epsilon$. On the left we have the traditional estimator and on the right the Nitsche estimator. From top to bottom $\epsilon$ has values 1, 0.1 and 0.01 . The mesh has size $h=0.04$. Notice the scales.


Figure 4: The final meshes of the adaptive refinement that fulfil the given tolerance. On the left meshes of the Nitsche method and on the right meshes of the traditional method. Notice that the traditional method is unable detect the difficult parts of the solution with small $\epsilon$. Recall that the exact solution does not depend on $\epsilon$.


Figure 5: The condition number of the system matrix as a function of $\epsilon$ for fixed $h$ and for both the Nitsche and the traditional method. Notice the growth of condition number in the traditional method, see equation (5.3).
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