# A LOWER BOUND FOR THE DIFFERENCES OF POWERS OF LINEAR OPERATORS 

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Abstract: Let $T$ be a bounded linear operator in a Banach space, with $\sigma(T)=\{1\}$. In 1990, M. Berkani presented a conjecture on the decay of differences $(I-T) T^{n}$ as $n \rightarrow \infty$. More precisely, either

$$
\liminf _{n \rightarrow \infty}(n+1)\left\|(I-T) T^{n}\right\| \geq 1 / e
$$

or $T=I$. We prove this claim and discuss some of its consequences.
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## 1 Introduction

Let $T \in \mathcal{L}(X)$; a bounded linear operator in a (complex) Banach space $X$. The following result by J. Esterle holds, see [1, Corollary 9.5]:
Proposition 1. Let $T \in \mathcal{L}(X)$ satisfy $\sigma(T)=\{1\}$. If $T \neq I$ then

$$
\liminf _{n \rightarrow \infty}(n+1)\left\|(I-T) T^{n}\right\| \geq \frac{1}{96}
$$

M. Berkani improved the lower bound to $1 / 12$, and he conjectured that the best lower bound is $1 / e$, see [6]. That $1 / e$ has a special role in related estimates can also be seen in the following remark by O. Nevanlinna, see [7, Theorem 4.5.1]:

Proposition 2. Assume that there exists $\left\{\lambda_{j}\right\} \subset \sigma(T)$ such that $\left|\lambda_{j}\right|<1$ and $\left|\lambda_{j}\right| \rightarrow 1$ as $j \rightarrow \infty$. Then

$$
\limsup _{n \rightarrow \infty}(n+1)\left\|(I-T) T^{n}\right\| \geq \frac{1}{e}
$$

The constant $1 / e$ appears also in the well-known "continuous time" case [2, Theorem 10.3.6].

In this paper, we show that M. Berkani's and J. Esterle's conjecture is right in the sense that Proposition 1 holds with $1 / 96$ replaced by $1 / e$. We use a related but more careful analysis that has already been used in [1], involving the univalent functions $g_{n}(z)=z(1-z)^{n}$. We give also another variant of Proposition 2 without restrictions on $\sigma(T)$.

All of these results were first presented in [9] (Z. Yuan, 2002) with somewhat longer proofs. That $1 / e$ in Proposition 1 is a valid lower bound, is also proved in [3] (N. Kalton, S. Montgomery-Smith, K. Oleszkiewicz, and Y. Tomilov, 2002) by quite different means. Both of the existing approaches can be generalized to a larger class of results, but these respective classes are different (and we shall not discuss these generalizations here). An example is given in [3], indicating that the constant $1 / e$ is the best possible. The construction is a modification of an example given in [4] (Lyubich, 2001); see also [5] (O. E. Maasalo, 2003).

## 2 Estimating $\liminf _{n \rightarrow \infty}(n+1)\left\|(I-T) T^{n}\right\|$

Denote $\mathbb{D}(R):=\{z \in \mathbb{C}:|z|<R\}$, and let $g: \mathbb{D}(R) \rightarrow \mathbb{C}$ be an analytic function satisfying $g(0)=0$ and $g^{\prime}(0) \neq 0$. Then there exists a maximal radius $R_{u}, 0<R_{u} \leq R$, such that $g$ is an univalent (i.e. an injective analytic) function on the disk $\mathbb{D}\left(R_{u}\right)$. It is then easy to see that the image of $g\left(\mathbb{D}\left(R_{u}\right)\right)$ contains an open disc, centered at origin. Let $0<c<\infty$ be the largest radius such that $\mathbb{D}(c) \subset g\left(\mathbb{D}\left(R_{u}\right)\right)$. Then there exists an analytic function $f: \mathbb{D}(c) \rightarrow \mathbb{D}\left(R_{u}\right)$ such that

$$
\begin{equation*}
(g \circ f)(z):=g(f(z))=z \quad \text { for all } \quad z \in \mathbb{D}(c) \tag{1}
\end{equation*}
$$

We denote the spectral radius of $L \in \mathcal{L}(X)$ by $\rho(L)$. If $\rho(L)=0$, then $L$ is called quasi-nilpotent. With these notations, we can prove the following proposition:

Proposition 3. Let $g: \mathbb{D}(R) \rightarrow \mathbb{C}$ be an analytic function such that $g(0)=0$ and $g^{\prime}(0) \neq 0$. Let the constants $c$ and $R_{u}$ be as above. Then for all $0<\eta<1$

$$
\inf \left\{\|g(L)\|: L \in \mathcal{L}(X), \rho(L)=0,\|L\| \geq R_{u} \eta(1-\eta)^{-1}\right\} \geq \eta c
$$

Proof. The proof is carried out by showing that the set

$$
\left\{L \in \mathcal{L}(X): \rho(L)=0,\|g(L)\|<\eta c,\|L\| \geq R_{u} \eta(1-\eta)^{-1}\right\}
$$

is empty for all $0<\eta<1$. This is achieved by using the Cauchy estimates for the function $f$ defined in (1). Denote the power series representations

$$
f(z)=\sum_{j \geq 1} a_{j} z^{j} \quad \text { and } \quad g(z)=\sum_{j \geq 1} b_{j} z^{j} .
$$

Clearly $f: \mathbb{D}(c) \rightarrow \mathbb{D}\left(R_{u}\right)$ means that $\sup _{|z|<c}|f(z)| \leq R_{u}$, and then the Cauchy estimates give $\left|a_{j}\right| r^{j} \leq R_{u}$ for each $r<c$ and $j \geq 1$. Letting $r \rightarrow c-$, we get that $\left|a_{j}\right| c^{j} \leq R_{u}$ for all $j \geq 1$.

Let $L \in \mathcal{L}(X)$ be an arbitrary quasi-nilpotent operator. Then $g(L)$ is quasi-nilpotent by the spectral mapping theorem, as $g(0)=0$. Similarly $Y:=f(g(L))$ is also quasi-nilpotent. Let now $0<\eta<1$, and assume that $\|g(L)\|<\eta c$. It now follows from the above Cauchy estimates that

$$
\|Y\| \leq \sum_{j \geq 1}\left|a_{j}\right| \cdot\|g(L)\|^{j}<\sum_{j \geq 1}\left|a_{j}\right| c^{j} \cdot \eta^{j} \leq R_{u} \eta(1-\eta)^{-1}
$$

hence $\|Y\|<R_{u} \eta(1-\eta)^{-1}$.
We proceed to show that $Y=L$. Since $Y$ is quasi-nilpotent, $g(Y)$ is well-defined. By the associativity

$$
g(Y)=g[f(g(L))]=g(f[g(L)])=(g \circ f)(g(L))=g(L)
$$

because $(g \circ f)(z)=z$ for any $z \in \mathbb{D}(c)$. As $g(0)=0$, it follows that $\sigma(g(L))=\{0\} \subset \mathbb{D}(c)$. Using the power series of $g$, we get

$$
\begin{align*}
0 & =g(Y)-g(L)=\sum_{j \geq 1} b_{j} Y^{j}-\sum_{j \geq 1} b_{j} L^{j}  \tag{2}\\
& =(Y-L)\left(b_{1} I+\sum_{j \geq 2} b_{j}\left[Y^{j-1}+Y^{j-2} L+\ldots+L^{j-1}\right]\right) \\
& =(Y-L)\left(b_{1} I+U\right),
\end{align*}
$$

where $b_{1}=g^{\prime}(0) \neq 0$ and $U:=\sum_{j \geq 2} b_{j}\left[Y^{j-1}+Y^{j-2} L+\ldots+L^{j-1}\right]$.
We know that $Y=f(g(L))$ is quasi-nilpotent, and it is actually a function of $L$. We now consider function $h$ defined in $\mathbb{D}\left(R_{u}\right)$ as follows

$$
h(z):=\sum_{j \geq 2} b_{j}\left[f(g(z))^{j-1}+f(g(z))^{j-2} z+\ldots+z^{j-1}\right] .
$$

Then $h(z)$ is analytic in $\mathbb{D}\left(R_{u}\right)$ and $h(0)=0$. So $h(L)$ is well-defined and $U=h(L)$. Since both $L$ and $Y$ are quasi-nilpotent, we see that $U$ is quasinilpotent. Therefore $b_{1} I+U$ is boundedly invertible. This together with
(2) implies that $Y=L$. Hence for any $0<\eta<1$ and any quasi-nilpotent $L \in \mathcal{L}(X)$

$$
\|g(L)\|<\eta c \quad \Rightarrow \quad\|L\|=\|Y\|<R_{u} \eta(1-\eta)^{-1}
$$

This proves the claim.
A somewhat analogous result to the previous proposition is [3, Theorem 4.5]. We proceed to study the functions

$$
\begin{equation*}
g_{n}(z):=(1-z)^{n} z \quad \text { for } n \geq 1 \tag{3}
\end{equation*}
$$

that made their appearance also in J. Esterle's original argument. We shall make use of the constants $R_{u}^{(n)}$ and $c^{(n)}$ defined as follows:
(i) $R_{u}^{(n)}>0$ is the largest radius of an open disc $\mathbb{D}\left(R_{u}^{(n)}\right)$ such that $g_{n}(z)$ is univalent in $\mathbb{D}\left(R_{u}^{(n)}\right)$.
(ii) $c^{(n)}>0$ is the largest radius of an open disc $\mathbb{D}\left(c^{(n)}\right)$ such that

$$
\mathbb{D}\left(c^{(n)}\right) \subset g_{n}\left(\mathbb{D}\left(0, R_{u}^{(n)}\right)\right)
$$

Because $g_{n}^{\prime}(z)=(1-z)^{n-1}(1-(n+1) z)$ and hence $g_{n}^{\prime}(1 /(n+1))=0$, it follows by elementary function theory that $R_{u}^{(n)} \leq 1 /(n+1)$. In essence, the proof of Theorem 1 reduces to showing that equality holds here. For this, we shall provide two different proofs. In the first proof, we shall use (with some modifications) the positive real univalence criterion, see e.g. [8, p. 16]:

Lemma 1. Suppose $\Omega$ is a convex region, $f \in H(\Omega)$, and $\Re f^{\prime}(z)>0$ for all $z \in \Omega$. Then $f$ is univalent in $\Omega$.

It clearly follows for any angle $\gamma \in[0,2 \pi)$ that if $\Re\left[e^{i \gamma} f^{\prime}(z)\right] \neq 0$ for all $z \in \Omega$, then $f$ is univalent in $\Omega$. In particular it follows that $\Im f^{\prime}(z) \neq 0$ for all $z \in \Omega$ implies that $f$ is univalent in $\Omega$.

Let the function $g_{n}(z)$ be defined by (3). Define $\mathbb{D}_{+}(0,1 /(n+1)):=\{z \in$ $\mathbb{D}(1 /(n+1)): \Im z>0\}$ and $\mathbb{D}_{-}(0,1 /(n+1)):=\{z \in \mathbb{D}(1 /(n+1)): \Im z<0\}$. We take an arbitrary $z \in \mathbb{D}(1 /(n+1))$ and write it as $z=r e^{i \theta}=a+b i$, where $\theta \in(-\pi, \pi]$. Then

$$
1-z=1-r \cos \theta-i r \sin \theta=|1-z| e^{i \alpha}
$$

for some $\alpha \in(-\pi, \pi]$. Since $z \in \mathbb{D}(1 /(n+1))$, we have the estimate

$$
\begin{equation*}
|\alpha|<|\tan \alpha|=\frac{|b|}{|1-a|}<\frac{1 /(n+1)}{1-1 /(n+1)}=\frac{1}{n} . \tag{4}
\end{equation*}
$$

On the other hand, we get by a direct computation

$$
\begin{aligned}
& \Im g_{n}^{\prime}(z)=\Im\left(|1-z|^{n-1} e^{i(n-1) \alpha}(1-(n+1) a-(n+1) b i)\right) \\
& =|1-z|^{n-1}(-(n+1) b \cos (n-1) \alpha+(1-(n+1) a) \sin (n-1) \alpha)
\end{aligned}
$$

Assume now that $z \in \mathbb{D}_{+}(0,1 /(n+1))$; i.e. $b>0$ and $0<\theta<\pi$. Then we have $-1<n \alpha<0$ by (4) and some geometric reasoning, and moreover

$$
-\pi / 2<-1-\alpha<(n-1) \alpha<-\alpha<0
$$

It now follows immediately that $-(n+1) b \cos (n-1) \alpha<0$ and $(1-(n+$ 1) a) $\sin (n-1) \alpha<0$, and hence $\Im g_{n}^{\prime}(z)<0$. By a similar argument, $\Im g_{n}^{\prime}(z)>0$ for all $z \in \mathbb{D}_{-}(0,1 /(n+1))$. By Lemma 1, the function $g_{n}$ is univalent in both $\mathbb{D}_{+}(0,1 /(n+1))$ and $\mathbb{D}_{-}(0,1 /(n+1))$. A more refined analysis is required to prove the following proposition:

Proposition 4. The functions $g_{n}(z)=(1-z)^{n} z$ are univalent in the disc $\mathbb{D}(1 /(n+1))$ for all $n \geq 1$.

Proof. Fix $n \geq 1$. If the claim did not hold for this $n$, then there would exist $z_{1}, z_{2} \in \mathbb{D}(1 /(n+1))$, such that $g_{n}\left(z_{1}\right)=g_{n}\left(z_{2}\right)$ but $z_{1} \neq z_{2}$. From the preceding discussion, both $z_{1}$ and $z_{2}$ cannot be in the same half disc $\mathbb{D}_{+}(0,1 /(n+1))$ or $\mathbb{D}_{-}(0,1 /(n+1))$. Then $z_{1}$ and $z_{2}$ would have to satisfy (without loss of generality) one of the following conditions:
(i) $z_{1} \in \mathbb{D}_{+}(0,1 /(n+1))$ and $z_{2} \in \mathbb{D}_{-}(0,1 /(n+1))$, or
(ii) $z_{1}$ is a pure real number satisfying $-1 /(n+1)<z_{1}<1 /(n+1)$.

To show that (i) cannot hold, we write $z_{1}=r_{1} e^{i \theta_{1}}=a_{1}+b_{1} i, z_{2}=r_{2} e^{i \theta_{2}}=$ $a_{2}+b_{2} i$, where $\theta_{1}$ and $\theta_{2}$ are angles satisfying $0<\theta_{1}<\pi$ and $-\pi<\theta_{2}<0$. Then we have by (4) and geometric reasoning

$$
\begin{aligned}
& 1-z_{1}=\left|1-z_{1}\right| e^{i \alpha_{1}} \text { where }-1<n \alpha_{1}<0, \text { and } \\
& 1-z_{2}=\left|1-z_{2}\right| e^{i \alpha_{2}} \text { where } 1>n \alpha_{2}>0
\end{aligned}
$$

Since $z_{1} \in \mathbb{D}_{+}(0,1 /(n+1))$, we have $b_{1}>0$ and

$$
\begin{aligned}
& \sin \left|\alpha_{1}\right|=\frac{b_{1}}{\left|1-z_{1}\right|}=\frac{b_{1}}{r_{1}} \frac{r_{1}}{\left|1-z_{1}\right|}=\sin \theta_{1} \frac{r_{1}}{\left|1-z_{1}\right|} \\
& <\sin \theta_{1} \frac{1 /(n+1)}{1-1 /(n+1)}=\frac{1}{n} \sin \theta_{1}
\end{aligned}
$$

Therefore, $n \sin \left|\alpha_{1}\right|<\sin \theta_{1}$. Because the function $h(x):=n \sin x-\sin n x$ for $0<x<1 / n$ has a positive derivative, we get $\sin n\left|\alpha_{1}\right|<n \sin \left|\alpha_{1}\right|<$ $\sin \theta_{1}$. As $0<-n \alpha_{1}<1$ and $\sin$ is increasing in $[0, \pi / 2]$, it follows that $0<-n \alpha_{1}<\theta_{1}$ if $0<\theta_{1} \leq \pi / 2$. On the other hand, if $\pi / 2<\theta_{1}<\pi$ then trivially $0<-n \alpha_{1}<1<\pi / 2<\theta_{1}$. We conclude that the estimate $0<-n \alpha_{1}<\theta_{1}$ holds always, and hence

$$
\begin{equation*}
0<n \alpha_{1}+\theta_{1}<\theta_{1}<\pi \tag{5}
\end{equation*}
$$

Similarly, for $z_{2} \in \mathbb{D}_{-}(0,1 /(n+1))$, we get

$$
\begin{equation*}
0<-n \alpha_{2}-\theta_{2}<\pi \tag{6}
\end{equation*}
$$

and adding up (5) and (6) gives

$$
\begin{equation*}
0<\left(n \alpha_{1}+\theta_{1}\right)-\left(n \alpha_{2}+\theta_{2}\right)<2 \pi \tag{7}
\end{equation*}
$$

For contradiction, let us assume that $g_{n}\left(z_{1}\right)=g_{n}\left(z_{2}\right)$. Then

$$
\left|1-z_{1}\right|^{n} e^{i n \alpha_{1}} r_{1} e^{i \theta_{1}}=\left|1-z_{2}\right|^{n} e^{i n \alpha_{2}} r_{2} e^{i \theta_{2}}
$$

and the angles would satisfy for some integer $k$

$$
\begin{equation*}
n \alpha_{1}+\theta_{1}=n \alpha_{2}+\theta_{2}+2 k \pi . \tag{8}
\end{equation*}
$$

This contradicts with inequality (7), and case (i) has therefore been excluded.
Suppose now that case (ii) holds. Then $n \alpha_{1}=0$, and $\theta_{1}=0$, or $\pi$. For contradiction, assume again that $g_{n}\left(z_{1}\right)=g_{n}\left(z_{2}\right)$ which leads to equality (8). But (8) implies now $n \alpha_{2}+\theta_{2}=k \pi$ for some $k \in \mathbb{Z}$. But by inequalities (5) and (6), we get $0<\left|n \alpha_{2}+\theta_{2}\right|<\pi$ if $z_{2} \in \mathbb{D}_{+}(0,1 /(n+1)) \cup \mathbb{D}_{-}(0,1 /(n+1))$. Thus $z_{2}$ is also a real number.

Since $g_{n}\left(z_{1}\right)=g_{n}\left(z_{2}\right)$ for real $-1 /(n+1)<z_{1}, z_{2}<1 /(n+1)$ implies trivially $z_{1}=z_{2}$, the proof is now complete.

Now comes the other, shorter proof for Proposition 4:
Proof. Let $z=r e^{i \phi} \in \mathbb{C}$, where $0 \leq r<1 /(n+1)$ and $\phi \in \mathbb{R}$. Now

$$
g_{n}(z)=R(r, \phi) e^{i \Phi(r, \phi)},
$$

where $r_{\phi}=\sqrt{1-2 r \cos (\phi)+r^{2}}, \Phi(r, \phi)=\phi-n \arcsin \left(r \sin (\phi) / r_{\phi}\right)$ and $R(r, \phi)=r \cdot r_{\phi}^{n}$; note that $\arcsin :[-1,1] \rightarrow[-\pi / 2, \pi / 2]$ is the inverse function of $\sin :[-\pi / 2, \pi / 2] \rightarrow[-1,1]$. Mapping $\phi \mapsto \Phi(r, \phi)$ is injective on $\mathbb{R}$, because by writing $t=\cos (\phi)$,

$$
\begin{aligned}
\frac{\partial \Phi(r, \phi)}{\partial \phi} & =\left(1-(n+2) r t+(n+1) r^{2}\right)\left(1-2 r t+r^{2}\right)^{-1} \\
& \geq\left(1-(n+2) r+(n+1) r^{2}\right)\left(1-2 r t+r^{2}\right)^{-1} \\
& =(1-r)(1-(n+1) r)\left(1-2 r t+r^{2}\right)^{-1}>0
\end{aligned}
$$

where the last estimate follows as $r<1 /(n+1)$. Notice furthermore that $\Phi(r, 2 \pi k)=2 \pi k$ for every $k \in \mathbb{Z}$. Moreover, if $\phi$ is fixed then

$$
\frac{\partial R(r, \phi)}{\partial r}=\frac{\partial \Phi(r, \phi)}{\partial \phi}\left(1-2 r t+r^{2}\right)^{n / 2}>0 .
$$

Hence $r \mapsto R(r, \phi)$ is injective on $[0,1 /(n+1))$, and the claim follows.
In other words, we have now proved that $R_{u}^{(n)}=1 /(n+1)$ for all $n \geq 1$. The other sequence of constants can be determined easily:

Proposition 5. The constants $c^{(n)}$ (as introduced earlier) satisfy

$$
c^{(n)}=\frac{1}{n+1}\left(1-\frac{1}{n+1}\right)^{n} \text { for all } n \geq 1
$$

Proof. Clearly for any fixed n ,

$$
c^{(n)}=\inf _{z \in \mathscr{D}\left(R_{u}^{(n)}\right)}\left|g_{n}(z)\right| .
$$

Since $\left|(1-z)^{n} z\right| \geq\left(1-R_{u}^{(n)}\right)^{n} R_{u}^{(n)}$ for all $z$ satisfying $|z|=R_{u}^{(n)}$, we get $c^{(n)} \geq \frac{1}{n+1}\left(1-\frac{1}{n+1}\right)^{n}$ as $R_{u}^{(n)}=1 /(n+1)$ by Proposition 4. By choosing $z=R_{u}^{(n)}$, we see that even the equality holds.

Now we are prepared to prove our main result. The required improvement of Proposition 1 follows by taking $L=I-T$ in the following theorem.

Theorem 1. Let $L \in \mathcal{L}(X), L \neq 0$, be quasi-nilpotent. Then

$$
\liminf _{n \rightarrow \infty}(n+1)\left\|(I-L)^{n} L\right\| \geq \frac{1}{e}
$$

Proof. Define the functions $g_{n}$ and the constants $R_{u}^{(n)}, c^{(n)}$ as earlier. Let $0<\eta<1$ be arbitrary. Since by Proposition 4

$$
R_{u}^{(n)} \eta(1-\eta)^{-1}=\frac{1}{n+1} \cdot \eta(1-\eta)^{-1} \rightarrow 0 \text { as } n \rightarrow \infty
$$

there exists $N(\eta)<\infty$, such that for all $n \geq N(\eta)$ we have

$$
\|L\| \geq R_{u}^{(n)} \eta(1-\eta)^{-1}
$$

By Proposition 3 (with $g=g_{n}$ ) and Proposition 5, we have for all $n \geq N(\eta)$,

$$
\left\|(I-L)^{n} L\right\| \geq \eta c^{(n)}=\eta \frac{1}{n+1}\left(1-\frac{1}{n+1}\right)^{n+1}
$$

Since $\lim _{n \rightarrow \infty}\left(1-\frac{1}{n+1}\right)^{n+1}=1 / e$, we get by letting $n \rightarrow \infty$

$$
\liminf _{n \rightarrow \infty}(n+1)\left\|(I-L)^{n} L\right\| \geq \eta / e
$$

Because $0<\eta<1$ is arbitrary, the claim follows by letting $\eta \rightarrow 1$.

## 3 Estimating limsup $\operatorname{sum}_{n \rightarrow \infty}(n+1)\left\|(I-T) T^{n}\right\|$

Theorem 2. For any $T \in \mathcal{L}(X)$ either
(i) $\lim \sup _{n \rightarrow \infty}(n+1)\left\|(I-T) T^{n}\right\| \geq 1 / e$ or
(ii) $\lim \sup _{n \rightarrow \infty}(n+1)\left\|(I-T) T^{n}\right\|=0$ holds.

Proof. If $\lim \sup _{n \rightarrow \infty}(n+1)\left\|(I-T) T^{n}\right\|=\infty$ or $T=I$, then the claim holds. It remains to consider the case when $\sup _{n>0}(n+1)\left\|(I-T) T^{n}\right\|<\infty$ and $T \neq I$. By [7, Theorem 4.2.2], $\sigma(T) \subset \mathbb{D}(1) \cup\{1\}$.

If $1 \notin \sigma(T)$, then $\left\|T^{n}\right\| \leq M r^{n}$ for some $0 \leq r<1$ and (ii) follows. If 1 is an accumulation point of $\sigma(T)$, then (i) holds by Proposition 2. If 1 is an
isolated point, then either $\sigma(T)=\{1\}$ or there is a positive distance between 1 and $\sigma(T) \backslash\{1\}$. If $\sigma(T)=\{1\}$, then (i) holds by Theorem 1 .

To complete the proof, we can assume $\operatorname{dist}(1, \sigma(T) \backslash\{1\})>0$. There exist closed, nonintersecting curves $\Gamma_{1}$ and $\Gamma_{2}$ with following properties: $\Gamma_{1}$ lies strictly inside the open unit disc $\mathbb{D}(1)$ and it surrounds the set $\sigma(T) \backslash\{1\}$; $\Gamma_{2}$ surrounds point 1. Define the bounded spectral projections $P_{1}$ and $P_{2}$, together with the corresponding closed subspaces

$$
\begin{aligned}
& P_{1}:=\frac{1}{2 \pi i} \int_{\Gamma_{1}}(\lambda-T)^{-1} d \lambda, \quad P_{2}:=\frac{1}{2 \pi i} \int_{\Gamma_{2}}(\lambda-T)^{-1} d \lambda, \\
& X_{1}:=P_{1} X \quad \text { and } \quad X_{2}:=P_{2} X .
\end{aligned}
$$

Both $X_{1}$ and $X_{2}$ are invariant for $T, X_{1} \cap X_{2}=\{0\}$ and $X=X_{1}+X_{2}$. They inherit their norms from $X$, and $X$ itself is isometrically isomorphic to the exterior direct sum $\begin{gathered}X_{1} \\ \times \\ X_{2}\end{gathered}$, equipped with the norm

$$
\left\|\left[\begin{array}{ll}
x_{1} & x_{2}
\end{array}\right]^{T}\right\|_{X_{1} \times X_{2}}:=\left\|x_{1}+x_{2}\right\| \quad \text { for all } \quad x_{1} \in X_{1}, \quad x_{2} \in X_{2} .
$$

Define the bounded operators $L$ and $M$ by $L:=T \mid X_{1} \in \mathcal{L}\left(X_{1}\right)$ and $M:=$ $T \mid X_{2} \in \underset{X_{1}}{\mathcal{L}}\left(X_{2}\right)$. Then $T$ is isometrically equivalent to the block matrix
 isomorphism) by $\left[\begin{array}{cc}\left(I_{X_{1}}-L\right) L^{n} & 0 \\ 0 & \left(I_{X_{2}}-M\right) M^{n}\end{array}\right]$. By the triangle inequality

$$
\begin{align*}
& \left\|(I-T) T^{n}\right\|=\left\|\left[\begin{array}{cc}
\left(I_{X_{1}}-L\right) L^{n} & 0 \\
0 & \left(I_{X_{2}}-M\right) M^{n}
\end{array}\right]\right\|_{\mathcal{L}\left(X_{1} \times X_{2}\right)}  \tag{9}\\
& \geq\left\|\left[\begin{array}{cc}
0 & 0 \\
0 & \left(I_{X_{2}}-M\right) M^{n}
\end{array}\right]\right\|_{\mathcal{L}\left(X_{1} \times X_{2}\right)}-\left\|\left[\begin{array}{cc}
\left(I_{X_{1}}-L\right) L^{n} & 0 \\
0
\end{array}\right]\right\|_{\mathcal{L}\left(X_{1} \times X_{2}\right)} \\
& =\left\|\left(I_{X_{2}}-M\right) M^{n}\right\|_{\mathcal{L}\left(X_{2}\right)}-\left\|\left(I_{X_{1}}-L\right) L^{n}\right\|_{\mathcal{L}\left(X_{1}\right)} .
\end{align*}
$$

The spectra of $L$ and $M$ satisfy $\sigma(L)=\sigma(T) \backslash\{1\} \subset \mathbb{D}(1)$ and $\sigma(M)=\{1\}$. It follows again immediately that $\lim _{n \rightarrow \infty}(n+1)\left\|\left(I_{X_{1}}-L\right) L^{n}\right\|_{\mathcal{L}\left(X_{1}\right)}=0$. By Theorem 1

$$
\limsup _{n \rightarrow \infty}(n+1)\left\|\left(I_{X_{2}}-M\right) M^{n}\right\|_{\mathcal{L}\left(X_{2}\right)} \geq 1 / e
$$

Therefore (9) implies

$$
\limsup _{n \rightarrow \infty}(n+1)\left\|T^{n}(T-1)\right\| \geq \limsup _{n \rightarrow \infty}(n+1)\left\|\left(I_{X_{2}}-M\right) M^{n}\right\|_{\mathcal{L}\left(X_{2}\right)} \geq 1 / e,
$$

and the proof is completed.
The lower bound $1 / e$ in Theorem 2 can be reached, see [7, Example 4.5.2].

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